

2.5

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that were recited in his mind. A friend
came near us after we had finished our
conversation to whom we were recited what
he had just heard from me.

Sunday 30 July. In the morning I went to see
some of my friends the natives who were crying
over the corpses of three relatives who had
just departed this life. In the afternoon I visited
a sick man who was near the point of death.
I gave him some medicine but it was too
late he died early the next morning.

In the winter season I am informed the
natives die very fast. Many of them are
usually starved to death but they do not
appear to be at all aware of the cause. Their
superstition tends greatly to increase their
mortality. The climate is very moist &
by exposing themselves to the weather they
frequently catch cold. They never eat in their
houses neither do they sleep in them after
they find themselves ill. Instead of endeavouring
to promote a perspiration by keeping themselves
warm, they check it by sleeping in the open
air and drinking cold water.

August 18. I went up the River about 12 Miles
to sow some wheat for my friends Shinghee & Tare