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In the winter season I am informed the Natives die very fast. Many of them are actually starved to death, but they do not appear to be at all aware of the cause. Their Superstition tends greatly to increase their mortality. The Climate is very moist and by exposing themselves to the weather they frequently catch cold. They never eat in their houses, neither do they sleep in them after they find themselves ill. In stead of endeavouring to promote a perspiration by keeping themselves warm, they check it by sleeping in the open air and drinking cold water.

August 18th I went up the River about 12 Miles to sow some wheat for my friend Shunghee and Taisee.

August 21st I went up the River about 6 miles to sow some wheat for my friend Shunghee

August 28. I went up the River about 12 Miles to sow some wheat for Kidooa, Taha, & Kewa.